



RADIOGRAPHIC TECHNIQUE-1

ANKLE JOINT, CALCANEUS PROJECTIONS

Sawa University

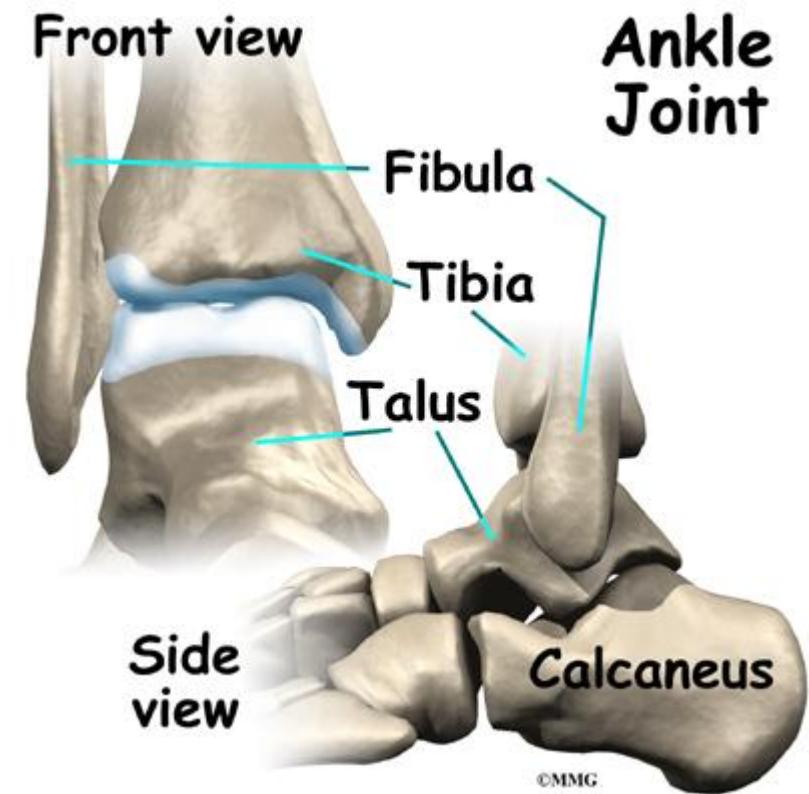
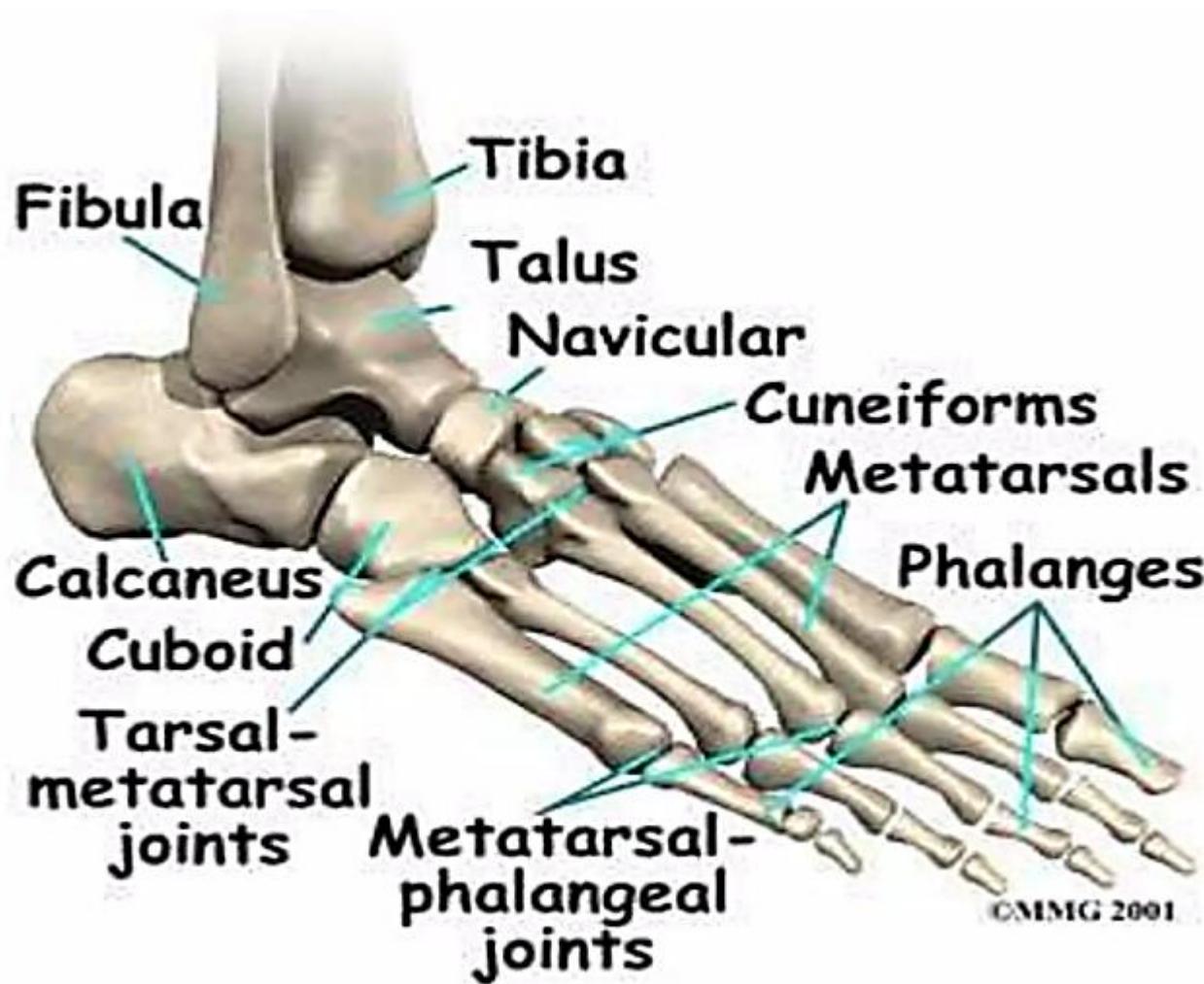
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Ankle Joint Projections



Ankle Joint Projections

Routine projections:

- AP
- Lateral

1. AP Projection:

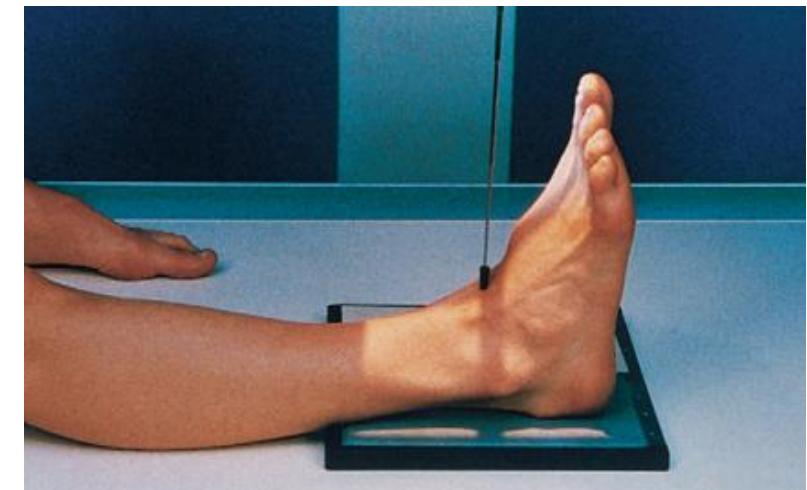
Clinical Indications: Bony lesions or diseases involving the ankle joint, distal tibia and fibula, proximal talus, and proximal fifth metatarsal

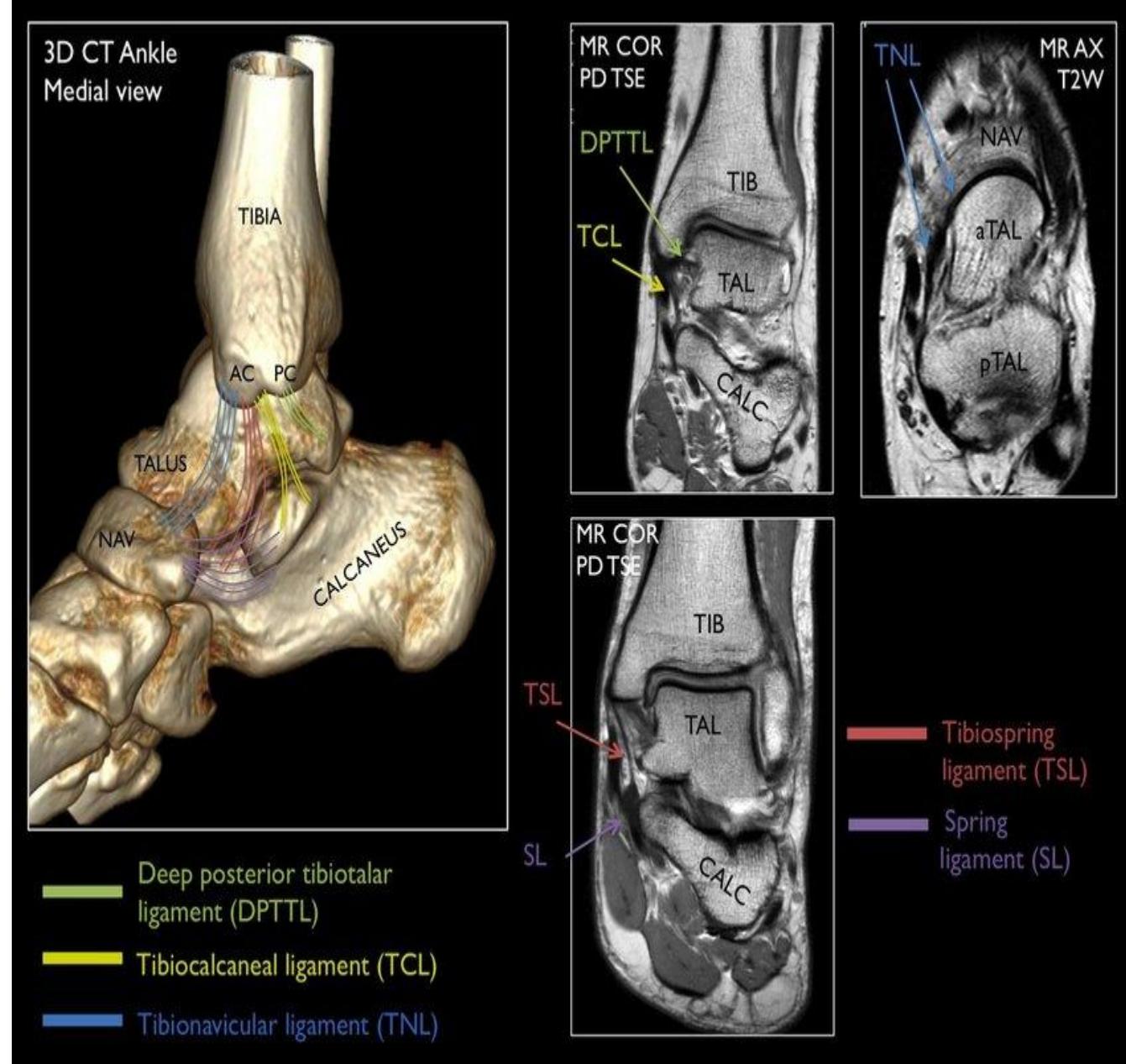
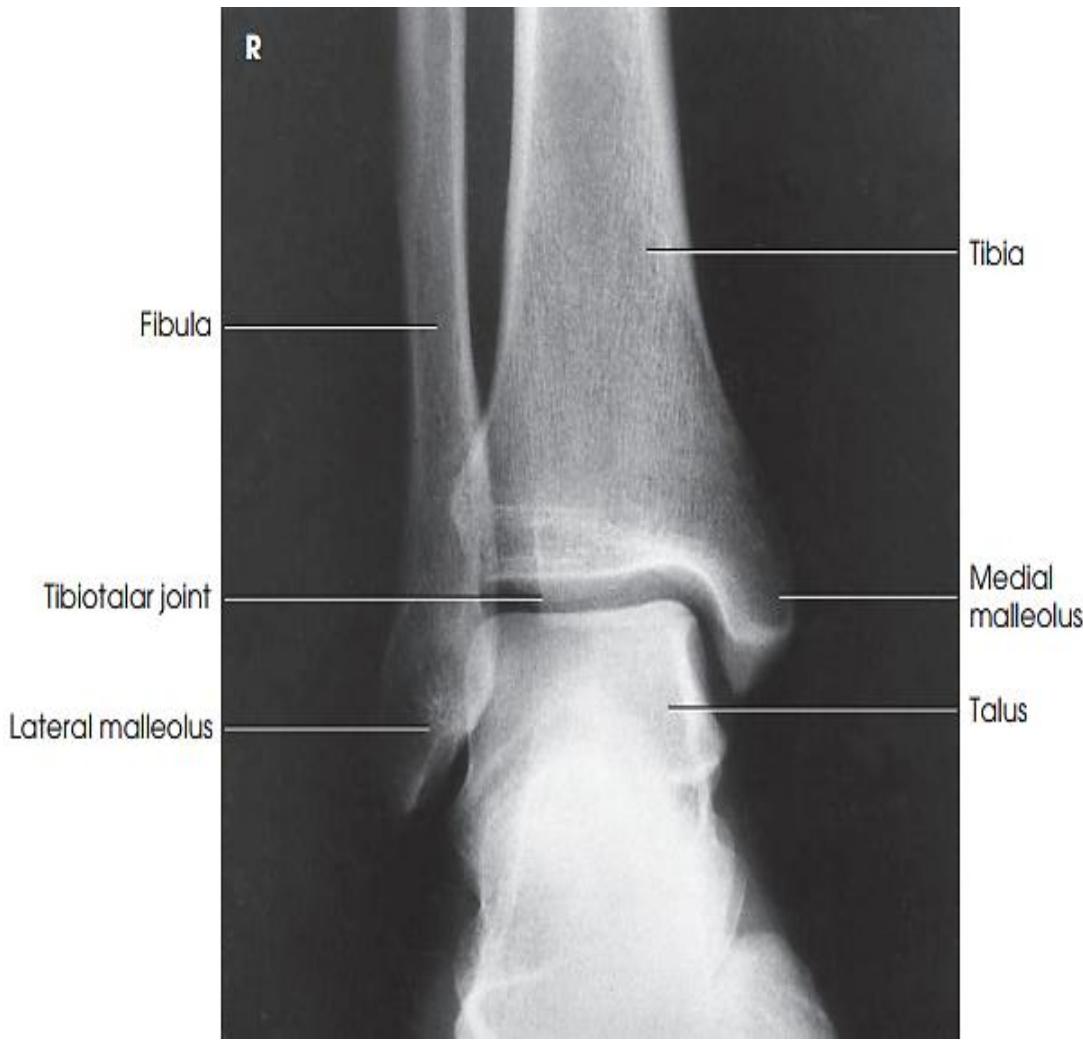
Position:

- Patient in supine or seated, leg extended, support under knee
- Align leg and ankle parallel to edge of IR.
- True AP, ensure no rotation, long axis of foot is vertical, parallel to CR (lateral malleolus will be about 15° more posterior than medial malleolus)

Central Ray: CR \perp , to midway between malleoli

Collimation: Collimate to lateral skin margins; include proximal $\frac{1}{2}$ of metatarsals and distal tibia-fibula.





2. Lateral projection

Clinical Indications: Projection is useful in the evaluation of fractures, dislocations, and joint effusions associated with other joint pathologies

Position:

- Recumbent, affected side down, affected knee partially flexed
- Dorsiflex foot 90° to leg if patient can tolerate.
- Place support under knee for true lateral of foot and ankle.

Collimation: Four sides to ankle region. Include distal tibia-fibula and proximal metatarsals

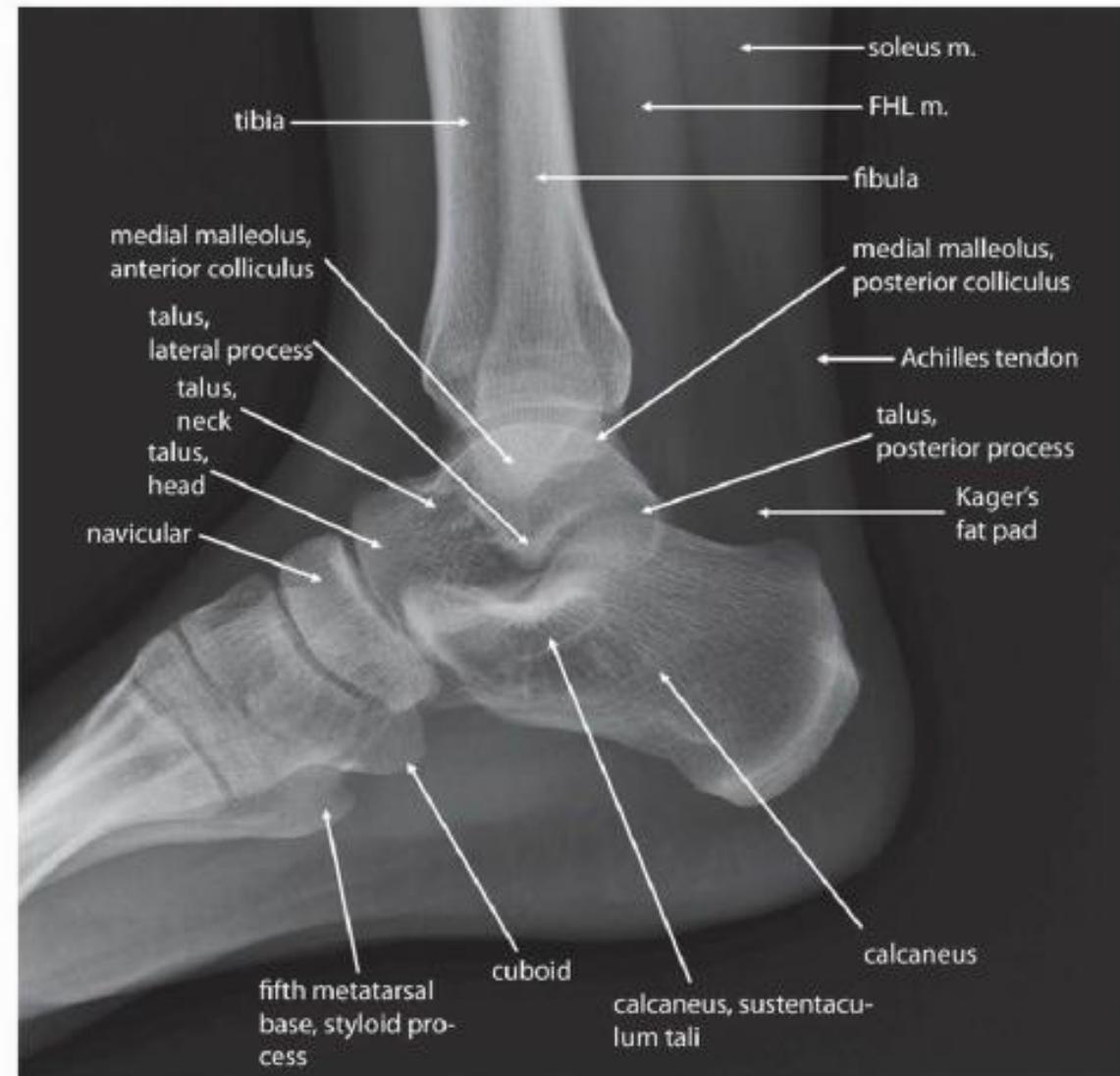
Central Ray: CR \perp , to medial malleolus



mediolateral



lateromedial









Calcaneus Projections

Routine projections:

- Plantodorsal (Axial Projection)
- Lateral

1. Plantodorsal (Axial Projection)

Clinical Indications: Pathologies or fractures with medial or lateral displacement

Position:

- Supine or seated, dorsiflex foot to as near vertical position as possible. If possible, have patient pull on gauze as shown. (This may be painful for patient to maintain, don't delay!)
- Center CR to part, with IR centered to projected CR.

Central Ray: CR 40° to long axis of plantar surface. CR centered to base of 3rd metatarsal, to emerge just distal and inferior to ankle joint

Collimation: Collimate closely to region of calcaneus.



1. Plantodorsal (Axial Projection)

Technique:

IR: 8 x10" LW

Grid: Non

SID: 102 cm

kVp: 65

mAs: 5



Normal axial calcaneum.



Axial projection of calcaneum, showing a fracture



Axial projection of calcaneum comminuted fracture.

2. Lateral

Clinical Indications: Bony lesions involving calcaneus, talus, and talocalcaneal joint.

Demonstrate extent and alignment of fractures

Position:

- Recumbent, on affected side, knee flexed with unaffected limb behind, to prevent over-rotation
- Place support under knee and leg as needed for a true lateral
- Dorsiflex foot so the plantar surface is near 90° to leg if possible.



Central Ray: CR \perp , to midcalcaneus, (2.5 cm) inferior to medial malleolus

Collimation: Four sides to area of calcaneus, include ankle joint at upper margin.

Technique:

IR: 8 x 10" LW

Grid: Non

SID: 102 cm

kVp: 65

mAs: 5

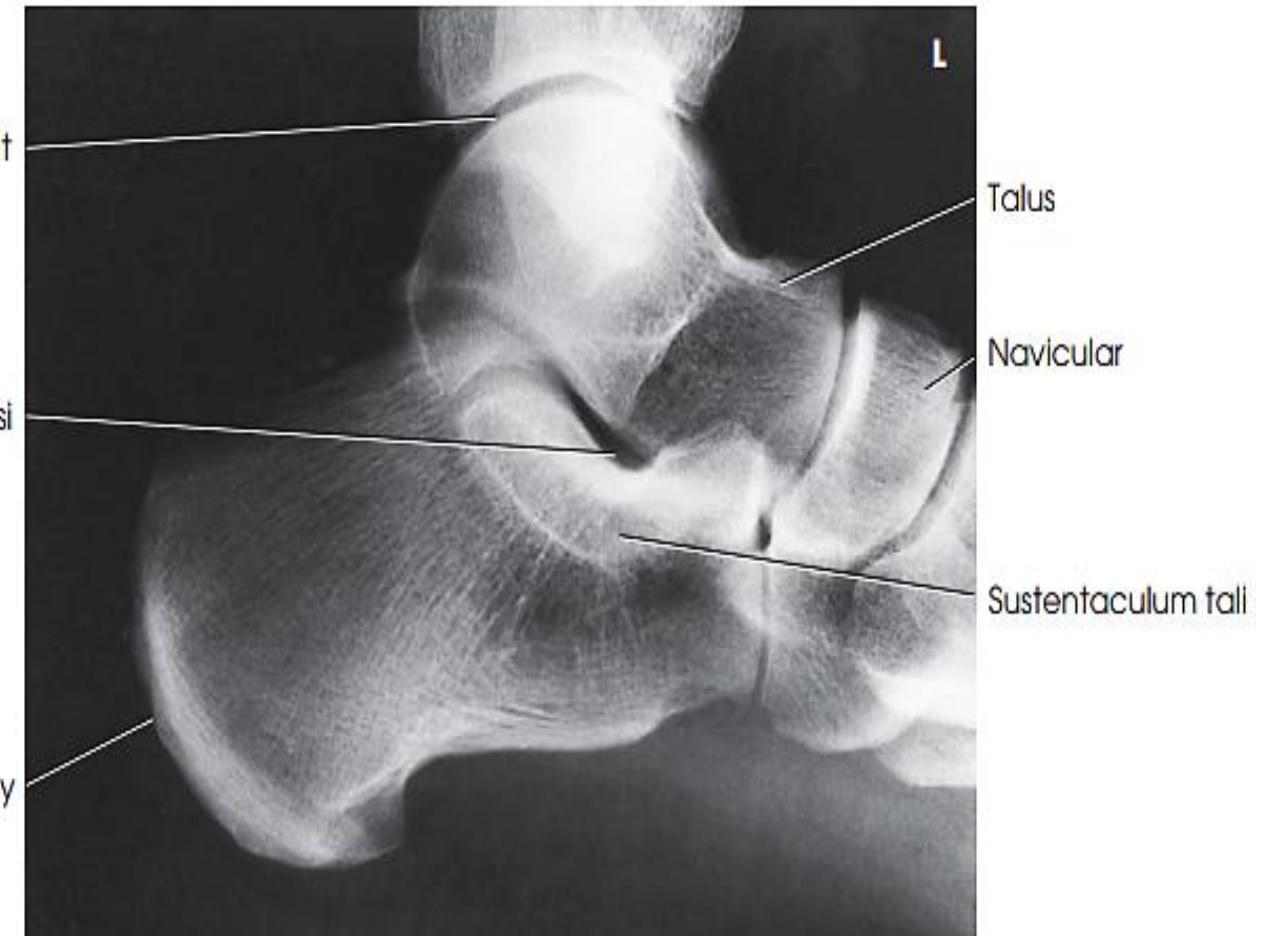


calcaneum spur





Tibiotalar joint



Thank you

