



# الاحصاء - SPSS

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# Benefits of Using Regression Equations in Medicine with Exercises, Solutions, and Applications.

## 1. Predicting Health Indicators Based on Specific Factors

### Exercise:

Assume you have the following data on weight (in kilograms) and blood sugar level (in mg/dL) for several patients:

| Patient | Weight (x) | Blood Sugar Level (y) |
|---------|------------|-----------------------|
| 1       | 60         | 90                    |
| 2       | 65         | 95                    |
| 3       | 70         | 105                   |
| 4       | 75         | 110                   |
| 5       | 80         | 115                   |

find the simple regression equation that describes the relationship between weight and blood sugar level.

**Solution:**

1. Calculate the means:

$$\bar{x} = \frac{60 + 65 + 70 + 75 + 80}{5} = 70$$

$$\bar{y} = \frac{90 + 95 + 105 + 110 + 115}{5} = 103$$

2. Calculate  $\beta_1$  (slope coefficient):

$$\beta_1 = \frac{\sum_{i=1}^n (x_i - \bar{x})(y_i - \bar{y})}{\sum_{i=1}^n (x_i - \bar{x})^2}$$

Calculate the terms:

$$(x_i - \bar{x})(y_i - \bar{y}) = (60 - 70)(90 - 103) + (65 - 70)(95 - 103) + \dots$$

$$(x_i - \bar{x})^2 = (60 - 70)^2 + (65 - 70)^2 + \dots$$

We find that:

$$\beta_1 = 2.5$$

3. Calculate  $\beta_0$  (intercept):

$$\beta_0 = \bar{y} - \beta_1 \bar{x} = 103 - 2.5(70) = 103 - 175 = -72$$

Thus, the regression equation is:

$$y = -72 + 2.5x$$

where  $x$  is weight and  $y$  is the blood sugar level.

**Application of the Equation:** If we have a patient with a weight of 85 kg, we can predict their blood sugar level as follows:

$$y = -72 + 2.5(85) = -72 + 212.5 = 140.5$$

So, the expected blood sugar level for the patient will be 140.5 mg/dL.

## 2. Assessing the Impact of Different Factors on Patients

### Exercise:

Suppose we have data for several patients measuring age (in years) and blood pressure (in mm Hg):

| Patient | Age (x) | Blood Pressure (y) |
|---------|---------|--------------------|
| 1       | 25      | 120                |
| 2       | 30      | 125                |
| 3       | 35      | 130                |
| 4       | 40      | 135                |
| 5       | 45      | 140                |

We need to find the regression equation that describes the relationship between age and blood pressure.

## 2. Assessing the Impact of Different Factors on Participation

Solution:

1. Calculate the means:

$$\bar{x} = \frac{25 + 30 + 35 + 40 + 45}{5} = 35$$

$$\bar{y} = \frac{120 + 125 + 130 + 135 + 140}{5} = 130$$

2. Calculate  $\beta_1$  (slope coefficient):

$$\beta_1 = \frac{\sum_{i=1}^n (x_i - \bar{x})(y_i - \bar{y})}{\sum_{i=1}^n (x_i - \bar{x})^2}$$

Calculate the terms:

$$(x_i - \bar{x})(y_i - \bar{y}) = (25 - 35)(120 - 130) + (30 - 35)(125 - 130) + \dots$$

$$(x_i - \bar{x})^2 = (25 - 35)^2 + (30 - 35)^2 + \dots$$

We find that:

$$\beta_1 = 2$$

## 2. Assessing the Impact of Different Factors on Patients

3. Calculate  $\beta_0$  (intercept):

$$\beta_0 = \bar{y} - \beta_1 \bar{x} = 130 - 2(35) = 130 - 70 = 60$$

Thus, the regression equation is:

$$y = 60 + 2x$$

where  $x$  is age and  $y$  is blood pressure.

**Application of the Equation:** If we have a patient who is 50 years old, we can predict their blood pressure as follows:

$$y = 60 + 2(50) = 60 + 100 = 160$$

Thus, the expected blood pressure for the patient will be 160 mm Hg.

### 3. predicting Treatment Response Based on Other Factors

**Exercise:**

Assume we have data for several patients on **weight** (in kilograms) and **heart rate** (beats per minute):

| Patient | Weight (x) | Heart Rate (y) |
|---------|------------|----------------|
| 1       | 55         | 72             |
| 2       | 60         | 75             |
| 3       | 65         | 78             |
| 4       | 70         | 80             |
| 5       | 75         | 85             |

the regression equation is:

$$y = -19.5 + 1.5x$$

Find the heart rate of a patient if his weighing is 80 kg.

# Applications correlation coefficient ( $r$ ) in Medicine

## Formula

The correlation coefficient is calculated using:

$$r = \frac{\sum (x_i - \bar{x})(y_i - \bar{y})}{\sqrt{\sum (x_i - \bar{x})^2 \cdot \sum (y_i - \bar{y})^2}}$$

# Applications correlation coefficient ( $r$ ) in Medicine

## Exercise 1: Correlation Between Age and Blood Pressure

*Scenario:* You are analyzing data on patients to determine the relationship between age and systolic blood pressure (SBP).

### Problem

A dataset contains the ages (in years) and systolic blood pressure (SBP in mmHg) for 6 patients:

| Age (X) | SBP (Y) |
|---------|---------|
| 25      | 120     |
| 35      | 130     |
| 45      | 140     |
| 55      | 150     |
| 65      | 160     |
| 75      | 170     |

Calculate the Pearson correlation coefficient ( $r$ ) and interpret its value.

# Applications correlation coefficient ( $r$ ) in Medicine

## Solution

1. Compute the means of  $X$  and  $Y$ :

$$\bar{X} = \frac{\sum X}{n} = \frac{25 + 35 + 45 + 55 + 65 + 75}{6} = 50$$

$$\bar{Y} = \frac{\sum Y}{n} = \frac{120 + 130 + 140 + 150 + 160 + 170}{6} = 145$$

2. Calculate deviations from the means, square deviations, and cross-products:

For each pair:  $(X - \bar{X})$ ,  $(Y - \bar{Y})$ ,  $(X - \bar{X})(Y - \bar{Y})$

| $X$ | $Y$ | $X - \bar{X}$ | $Y - \bar{Y}$ | $(X - \bar{X})^2$ | $(Y - \bar{Y})^2$ | $(X - \bar{X})(Y - \bar{Y})$ |
|-----|-----|---------------|---------------|-------------------|-------------------|------------------------------|
| 25  | 120 | -25           | -25           | 625               | 625               | 625                          |
| 35  | 130 | -15           | -15           | 225               | 225               | 225                          |
| 45  | 140 | -5            | -5            | 25                | 25                | 25                           |
| 55  | 150 | 5             | 5             | 25                | 25                | 25                           |
| 65  | 160 | 15            | 15            | 225               | 225               | 225                          |
| 75  | 170 | 25            | 25            | 625               | 625               | 625                          |

# Applications correlation coefficient ( $r$ ) in Medicine

$$\sum(X - \bar{X})^2 = 1750, \quad \sum(Y - \bar{Y})^2 = 1750, \quad \sum(X - \bar{X})(Y - \bar{Y}) = 1750$$

3. Compute the correlation coefficient ( $r$ ):

$$r = \frac{\sum(X - \bar{X})(Y - \bar{Y})}{\sqrt{\sum(X - \bar{X})^2 \cdot \sum(Y - \bar{Y})^2}} = \frac{1750}{\sqrt{1750 \cdot 1750}} = 1$$

## Interpretation

The correlation coefficient  $r = 1$  indicates a perfect positive linear relationship between age and systolic blood pressure.

# Applications correlation coefficient ( $r$ ) in Medicine

## Exercise 2: Evaluating Drug Effectiveness on Recovery Time

*Scenario:* A clinical trial measures the recovery time (in days) of patients under two conditions: with Drug A and without it (placebo).

### Problem

The following data summarizes recovery times for 5 patients under each condition:

| Patient | Drug A (X) | Placebo (Y) |
|---------|------------|-------------|
| 1       | 7          | 10          |
| 2       | 6          | 9           |
| 3       | 5          | 8           |
| 4       | 4          | 7           |
| 5       | 3          | 6           |

Calculate the correlation coefficient and explain whether Drug A is associated with shorter recovery times.

# Applications correlation coefficient ( $r$ ) in Medicine

## Solution

Follow similar steps to calculate  $r$ . After computations, you find:

$$r = -1$$

## Interpretation

The correlation coefficient  $r = -1$  implies a perfect negative linear relationship, indicating that as recovery time decreases with Drug A, it consistently increases with the placebo. This suggests Drug A is effective in reducing recovery time.

# Applications correlation coefficient ( $r$ ) in Medicine

## Exercise 3: Correlation in Epidemiology: Smoking and Lung Function

*Scenario:* You study the relationship between smoking (cigarettes/day) and forced expiratory volume (FEV, liters/second).

### Problem

For 6 individuals:

| Smoking (X) | FEV (Y) |
|-------------|---------|
| 0           | 4.5     |
| 5           | 4.2     |
| 10          | 3.9     |
| 15          | 3.5     |
| 20          | 3.0     |
| 25          | 2.5     |

Calculate  $r$  and assess the relationship.